

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

May 2012



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We are looking for community minded social media interested individuals to work with the Worth & Aire Valley magazines developing community focussed projects and initiatives.

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Never mind the doom and gloom predictions of 2012!

The festival season is quickly approaching and communities are gathering for celebrations. Jubilee excitement mixed with Olympic anticipation creates a heady mix of patriotic glee. It almost feels like a repeat of last year when the royal wedding captured the imagination of millions around the world.

Again, all eyes are on Britain; party central! And one doesn't need to travel to London to feel the buzz. We have our own home grown Northern variety of jubilation right here.

There is a noticeable surge of interest in arts and music in the

Worth & Aire Valleys.

Keighley Festival is back on track, bigger and better than ever with community groups involved throughout the district.

Haworth Festival also has a revitalised outlook with wider engagement and a varied programme in store.

Bronte Vintage Gathering, and Haworth's 1940's weekend are highlights of the May calendar events.

See our community pages for more details and enjoy this month's activities with friends and family.

All the best, Liz



Liz Barker

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- ✓ The magazine is also available at local shops, post offices, community bases and tourist points.
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WINED & DINED with Claire Smith from No.10 The Coffee House



At the time of writing we are enduring another cold spell, but look more closely and you will see that the leaves on the trees are unfurling,

the hedgerows have become verdant carpets of fresh young grass and dogs mercury patterned with primroses and cowslips; ditches are alight with bright yellow marigolds and celandines, and shady copses are scattered with tiny star-like wood anemones and the first few bluebell and wild garlic flowers. Yesterday I spotted a cluster of water-avon just beginning to lift their delicate dusky pink heads. All this signals that summer is on the way.

It comforts me to think that no matter what is happening in this mad and often manic world of ours nature, at least, remains constant; and that whatever the weather the seasons pretty much come and go as they always have. The onset of summer brings with it the opportunity to enjoy all that nature has to offer at its freshest and most tender. New potatoes, broad beans, green beans, fresh young carrots and peas, sweet, young and succulent, which are difficult to leave alone once you start eating them. I rarely get round to cooking them – they are too delicious when eaten straight from the pod. This early blossoming, this first flush of vitality in summer food lasts only a fleeting moment; capturing this fleeting moment enables us to absorb this vitality at its most potent.

The fact that we are presented with “new” potatoes, strawberries and all manner of so called seasonal produce year round in supermarkets can mean that we often miss this moment of optimum freshness. New potatoes purchased in the depths of winter lack the vibrancy of flavour of those born in early summer soil, and I know that I’m not alone in finding the sour white flesh of the out of season strawberry but an empty promise when compared to the real thing.

Tender young vegetables need little in the way of cooking or adornment – a gentle boiling or simple steam and lots of butter will suffice. Indeed one of the most appealing aspects of summer food is its simplicity.

Sweet treats can be kept as simple as you like in summertime. Fresh strawberries, raspberries and peaches, luscious and mouth watering require only the vaguest scattering of sugar and oceans of voluptuous, velvety cream; or you could step up the sweetness a notch or two and add crushed meringue, ice cream and a rich raspberry coulis. Some friends of mine have cherry trees in their garden and I like nothing better than to pick a big bowl and eat them unadorned whilst sitting in the swing seat on the patio. As Elizabeth David says “as I understand it, summer cooking means the extraction of maximum enjoyment out of the produce which grows in the summer season and is appropriate to it. It means catching at the opportunity of eating fresh food freshly cooked”. I couldn’t agree more.

Brontë Parsonage
Museum Haworth



Brontë Relics: An Evening with the Brontë Collection

Brontë Parsonage Museum

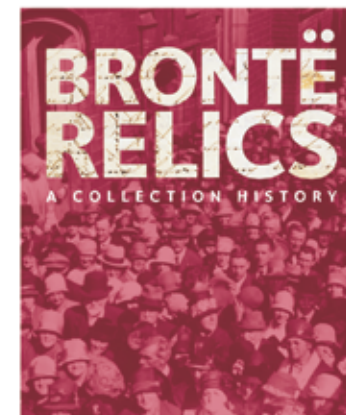
Wednesday 23rd & Wednesday 30th May 2012, 7.00pm

Brontë Relics is a new exhibition tracing the remarkable history of the Brontë Parsonage Museum’s collection.

These two intimate evenings at the Parsonage offer a special opportunity to enjoy a guided tour of the museum and the *Brontë Relics* exhibition, and a ‘behind the scenes’ visit to the museum’s library to explore the history of the collection through some of its treasures.

Wine and canapés will also be served.

Numbers are strictly limited. To be sure of a place, early booking is essential. Bookings can be made for 23rd or 30th May. Tickets are £20. To book, please contact Sonia Boocock, Brontë Parsonage Museum, 01535 640192/ sonia.boocock@bronte.org.uk



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“I feel especially proud that The Drawing Room at Ashmount Country House received its first AA Rosette because it was the first time in my career that the food was solely my responsibility. Ultimately we care about ingredients here, everything is sourced locally and is beautifully presented. I’m delighted that the AA inspector agreed that we deserved our awards.” – Head Chef Danny Ife

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Photography by Jill Scott



the
exchange
arts centre

www.exchangearts.co.uk



Keighley's new venue, The Exchange Arts Centre, is part of the new Musicians Centre, located in the original Keighley Employment Exchange at the top of Russell Street, built originally in 1938 for the purpose of doling out social services. Long gone are the cues for dole applicants; the only line up at The Exchange now includes northern top musical talent and budding local artists.

Exchange Arts Centre will host events in music, arts and comedy as well as providing space for conferences and exhibitions.

For the community the centre will be a space for local groups to meet, a location for classes in the arts and a focal point for entertainment in the area.

Siblings Michael Watmough and Marie Harris carry on the tradition of nurturing local talent, following in the footsteps of parents, George and Jayne Watmough, founders of the Musicians Centre. The new premises create a space to bring the three parts of the owners vision together under one roof: The Musicians Centre, a retail space; Musicians Centre Academy, the educational space; and Exchange Arts, the venue for showcasing live acts and supporting community activities.

Jym Harris, partner to Marie, heads up the live music venue. He is keen to support a community hub where people gather to meet and exchange ideas, share talent, and encourage creative output. Also a bit of a coffee connoisseur, Jym has

Musicians Centre

ensured that the coffee at the centre is up to scratch. Parents will be delighted to wait for their children in comfort in the new Musician Centre lounge while sipping a cafe styled cup of decent java.

Jym is also in charge of the bar at the centre and delighted to bring the best of local micro breweries to the venue to keep concert goers thirsts at bay!

May's line up at the Exchange Arts Centre looks promising:

May 4th is the Falsetto Sock Puppet Theatre

May 5th The Human Project

May 8th Open Mic Night

May 11th You had me at Hello

May 12 Kill to Gain

May 18 JB Goode

For more details visit the website www.exchangearts.co.uk

For further information about the Exchange Arts Centre or to find out how to book the venue for your group or event, contact Jym Harris on 01535 661591 @ExchangeArts.

(And let them know you heard about them in the Aire Valley Mag!)

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Artistic Off Licence
May 5th - June 17th



Artistic Off-Licence is a new artists collective put together by a group of friends and associates.

This is a voluntary venture where individuals in the community are contributing their time and talent to create a unique artistic space. The exhibition opens on the **5th of May**, and runs **until the 17th of June**. The location is the former Specsaver's premises opposite the bus station in the Airedale Shopping Centre, Hanover Street, Keighley.

Entry is free and the art work is for sale. Throughout the six weeks there will be free performances from local musicians dancers and performers. The public is invited to join in the creative space.



TOP TECH TIPS by Michelle Thompson at Cloudfree IT

Has your PC got PUPs?

I promised myself years ago that I wouldn't push myself to get any more Microsoft Qualifications. I just couldn't help myself though. It's the thrill of the challenge. I'm the same with 1000-piece jigsaws and, I admit, I am a geek. There. I said it. In Public. But don't tell anyone.

Anyway, there's me sat, in the dark, eating take away pizza and sipping cans of Coke for breakfast, wearing my Black Sabbath t-shirt, jeans and flipflops (NOT!), watching an online video about < boring technobabble omitted > when

up pops an image similar to the one below. The guy doing the voiceover starts laughing. Me too. How many 'well-balanced individuals' would find this image funny? See? Told you I was a geek... Well, the point he was making is that this computer had an extreme dose of 'PUP' (Potentially Unwanted Programs). In all likelihood the owner was probably wondering how 'resistant to impact' his double-glazing was, because he wouldn't have known how he ended up with so many toolbars on a computer now running at the speed of a slug on Mogadon.

The truth is most browser toolbars are installed inadvertently. Here's a few examples of how toolbars and other PUPs can get onto your computer:-

Bundled in with 'free' games from websites aimed at kids (who are, apparently, more likely than adults to click 'Next' or 'OK' without reading what they're agreeing to and won't notice that an option to 'Install our free toolbar/pop-up blocker/PC cleanup tool...' is selected by default).

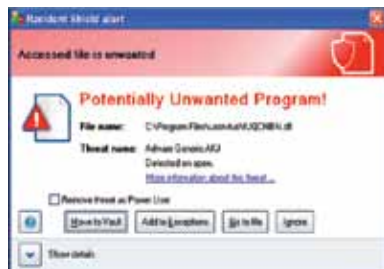
Bundled in with 'free' clipart/music/smiley icons/cutesy mouse pointers etc.

Virus or Malware infection

Bundled in with 'free' software utilities offering to search the web for the right drivers for your computer, clean up your registry, remove malware or make your PC run faster (Oh the irony!).

Facebook (and other social networking sites) – clicking on links appearing to come from 'Friends'

Opening or clicking on links in emails from unverified sources



In an effort to rid a computer of PUPs a user may search the web for and install 'free' performance enhancing or registry cleaning utilities, adding even more PUPs to the mix.

PUPs which are not actually malicious in themselves are a nuisance if they use up system resources whilst other software is trying to run, or getting in the way of your web browsing.

If you notice any utilities, toolbars or other software that you (or your family members) didn't knowingly install, try 'uninstalling' them.

Most PUPs will 'go away nicely' and won't bother you again. But if they don't stay gone permanently, or your web browser is starting to look just a teensy bit like the one in the picture, seek professional help (if only to save you wasting good money later on because your computer took a shortcut into the garden and your window needs repairing). If you're keen to stay safe online go to www.getsafeonline.org



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KEIGHLEY FESTIVAL 2012

Keighley & Haworth Festivals remind local residents: "YOU are the Festival"

Haworth Festival

It is all go for our local festivals this year. The long established Keighley Festival, now in its 26th year, has weathered some difficult financial storms as a result of the credit crunch, but has come out fighting, more determined than ever to continue its legacy of community engagement.

Malcolm Hanson, the festival manager, is delighted to have secured funding this year despite the measures of austerity being placed on council budgets. The council understood the importance of the festival and recognised that the previous years lack of support put the future of the festival at risk. Malcolm and the festival committee members demonstrated their commitment to Keighley by running the programme on a shoe string last year but were clearly not able to continue for much longer without further investment.

Mr Happycat Jones and Dolly Dipstick, the festival mascots, are made up with the programme's line up for 2012! "Yet An Even More Amazing Night", the children's flagship event at Victoria Hall returns; as well as the ever popular Kings & Queens art exhibition, this year held in the Airedale Centre. Ghost walks, tea dance, model railway display, galas, live music, heritage bus tours, Bronte country walks, table tennis and cricket tournaments are just some of the events and activities scheduled for July.



Mr Hanson was keen to emphasise that local residents ARE the festival. Without them, the Festival wouldn't exist. Community groups are encouraged to participate and showcase their talents and passions. More details will follow closer to the festival, but mark your calendar for Fri July 6 - Friday July 13th, Keighley will certainly be buzzing with excitement.

The Worth Valley is also pulling out the stops with a varied and captivating programme for the Haworth Festival, scheduled to run Friday, June 29th - Sunday, July 8th. Following in the footsteps of successful community projects like Fair Intentions and the previous Haworth Arts and Music Festivals, as well as the inspired Wall of Art project, the

Keighley Festival: Contact Malcolm Hanson
malcolm.b.hanson@gmail.com
Haworth Festival: Contact Steve Illingworth
illingworths@yahoo.com

scope of the festival will incorporate a wide spectrum of activities and cultural events. Performance art, drama, dance, music, and digital mixed media happenings will create a unique experience and a platform from which residents can take part and enjoy.

This fledgling festival aims to be sustainable with a structure that will enable it to raise funds and support the cultural heritage that is unique to Haworth with its vital artistic community at its heart.

Haworth Festival missed out on most of the funding opportunities this year but with the goodwill that exists and the help of established groups, volunteers and business sponsors, hopes remain high for an inspired line up. Here is a taste of what's in store so far:

Opening the festival will be a world premier live streaming multimedia event from Top Withens, the atmospheric location that captures the spirit of the local landscape and resonates with global audiences. The connection with the Brontes is never far away, but the emphasis will be on modern interpretations and relevance.

Back in the village of Haworth and through out the week, there will be art workshops, an open mic session, book readings, storytelling events, an out door art trail, live music sessions, a Kathy Kirby tribute event, cafe exhibitions, a Shakespearean drama, a garden party, and more. Scartop will host a number of Family activities in the first weekend. On the final weekend Haworth Festival will join in a Jubilee event in Central Park called The Mad Hatters Tea Party that will appeal to all ages.

Keighley Festival and Haworth Festival share the same aims to bring the local communities together for a season of celebration and fun. The committee members of both festivals are pleased to work in partnership wherever possible and promote each others activities for the good of the Aire & Worth Valley residents. They are united when they say, YOU are Keighley Festival and YOU are Haworth Festival. Get in touch with the respective committees if you have an event or group that would like to participate. Volunteers and helpers are always welcome. Most festival meetings are open to the public.

ENJOY! SUDOKU

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Where in the Aire Valley? COMPETITION



Can you identify the building or landmark indicated by the red cross in this photograph?

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Vintage fashion is a Passion

by Pam Howorth of Oh La La Vintage



Pam Howorth

I was recently asked to visit an elderly lady in York who had some "old" dresses she wished to sell. "They are too good to throw away" she said as she carefully lifted from its box and neatly folded tissue paper an exquisite 1950s couture gown made

of black taffeta with tiny pink roses embroidered on the bodice. "I wore this to a garden party at Buckingham Palace, I had it made in London" she explained. Her husband used to be high up in local government. She showed me some pictures of her wearing the dress.

Vintage fashion has a history, its special. It is preserving a part of our past. We have recently seen a fresh demand for vintage clothes due to fashion trends and the wish to be individual. Customers vary from young students looking for something funky and different to a 1940s vintage connoisseur searching for a ditzy little hat or vintage suit.

What defines whether a piece is vintage is up for much debate. Many say it just has to be pre-1980s. Some say they have to be designer made. I say look for iconic pieces that really make a statement about the styles of the decade. Choose quality fabrics and look at how well it has been made. The following tips may help you date your item:



Dating vintage garments:

- ▶ Washing care labels were introduced in the 70s.
- ▶ Standard dress sizes came in with mass production in the 60s. But a 1960s size 18 will be a modern size 14.
- ▶ Overlocking machines came into use in the 60s to prevent edges fraying.
- ▶ Zips were in side seams of dresses until the 50s when they started to be put in the centre of the back
- ▶ CC41 is a utility label to show the garment conformed to rationing restrictions during the 40s
- ▶ As Haworth's 1940s weekend approaches, did you know that silk and nylon was used for parachutes, golf balls became gas masks and mattresses were made into life jackets!

You can buy vintage items at specialist shops, vintage fairs, antique fairs, online auction sites, charity shops, specialist auctions. Take a look at www.ohlalavintage.co.uk or www.vintagefairsuk.co.uk

Woolton Pie was an adaptable dish of vegetables, created at the Savoy Hotel in London by its then Maitre Chef de Cuisine, Francis Lantry. It was one of a number of recipes commended to the British public by the Ministry of Food during the Second World War to enable a nutritional diet to be maintained despite shortages and rationing of many types of food, especially meat.

Woolton Pie

Ingredients:

- 1lb diced potatoes
- 1lb cauliflower
- 1lb diced carrots
- 1lb diced swede
- 3 spring onions
- 1 teaspoon vegetable extract
- 1 tablespoon oatmeal
- A little chopped parsley

Method:

Cook everything together with just enough water to cover, stirring often to prevent it sticking to the pan. Let the mixture cool.



Spoon into a pie dish, sprinkle with chopped parsley.
Cover with a crust of potatoes or wholemeal pastry.
Bake in a moderate oven until golden brown.
Serve hot with gravy.

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Friday 4th May Scottish Falsetto Sock Puppet Theatre 7.30pm Exchange Arts Centre, Russell Street, Keighley. The Scottish Falsetto Sock Puppet Theatre are the comedy double act that has to be seen to be believed. Absolutely stupidly hilarious! The stars of BBC3's Comedy Shuffle & Upstaged, MTV, GMTV, The Culture Show and The One Show bring you a brand new show full of songs, sketches, socks and violence. Tickets £5, more information available www.exchangearts.co.uk

Saturday 5th May Ellie Gill and the fabulous Ellie Gill band 7.30pm Sutton Village Hall, Sutton in Craven. Tickets are £5, licensed bar available. Call 01535 634170 for more details.

Sunday 6th May A Night at the Musicals, 7.00pm Exchange Arts Centre, Russell Street, Keighley. Come and join some of the best local singing talent in a journey through the musicals! Vocal students from the Musicians Centre will be showcasing their talents through some of the most famous songs from popular Musicals. Music will vary from contemporary Musical Theatre (Hairspray, We Will Rock You, Wicked) to traditional theatre (South Pacific, Guys and Dolls, Oklahoma).

Sunday 6th May Skyride Keighley Towpath Tootle, 2.00pm Bottom car park, East Riddlesden Hall, Bradford

Road, Riddlesden. This flat, gentle five mile ride is sure to be a hit with first time bike riders and families, following the traffic-free towpath of the Leeds and Liverpool Canal.

Tuesday May 8th Open Mic Night, 7.00pm Keighley Musicians Centre. Come along, grab a beer or coffee, sit down, play, sing and listen to some local talent. A perfect way to get your music out there. People who are interested in playing just turn up speak to the lovely Musicians Centre guys and hopefully you'll be on stage!

Wednesday 9th May River to River 8 miles (12.8km) Linear walk Packed lunch. Meet Colin Pitts at Burley in Wharfedale station to catch the 10.29 train to Shipley (pay your own fare). The walk then starts from Shipley station at 10.45am, viewing the Aire and the Wharfe before returning to Burley Station.

Sunday 13th May Keighley Model Railway Club Open Day, The Clubrooms, Keighley Business Centre, Knowle Mills, South Street, Keighley, BD21 1SY Refreshments and small trade presence. Lift access. As many as possible of the club's layouts will be running.

Friday 18th May JB Goode, Rock and Roll concert, 7.30pm Exchange Arts Centre, Russell Street, Keighley. Huddersfield based Rock 'n' Roll band J.B. Goode, playing a vast selection

of standard tunes from Chuck Berry to more up to date stuff with a twist such as The Baseballs and Imelda May. Entrance £3.

Sat&Sun May 19th-20th 1940s Weekend, Haworth.

This is now a charitable event organised by the community to raise funds for their chosen charity, this year it is Help for Heroes. Dance Tickets now available!

Friday May 18th - Crown Top Kings & Shack Shaking Jack at Haworth Community Centre., Haworth. Butt Lane. Tickets £8.

Saturday May 19th - Tony Greenwood Big Band & Cotton Town Hot Club at Haworth Community Centre. Butt Lane. Tickets £12

Sunday May 20th - Bye Bye Baby Record Hop at Haworth Community Centre bring your own drinks. Tickets £5. For tickets and more information please call Jack 07837 825516 or Emma 07980 559682.

Tuesday 22nd May A View into Lancashire 7 miles (11.2km) Circular walk. Packed lunch.

Meet Eddie Nash at 11am at the Hare and Hounds public house in the centre of Lothersdale, North Yorkshire. A walk along the Pennine Way across Elslack Moor and through farmland and woodland. Please park considerately on the road in the village.

Tuesday 29th May Picnic at Hanging Rock 7 miles (11.2km) Circular walk.

Packed lunch. Meet Stewart Elliott at 10.30am at Rylstone Pond, four miles north of Skipton on the B6275 for a walk through farmland and rough moorland to a spectacular view point.

Please support local trade



Daisy Days

When two dynamic and creative individuals join forces, the effect is dazzling!

Jill Ross, owner of Cobbles and Clay, the art cafe in Haworth, and Ruth Wild, the talented floral designer of Wild & Co, share a passion for British led design and creative inspired living.

In October 2010, the two created a unique shopping experience in Haworth called Daisy Days, now well established as a local favourite boutique gift shop and bespoke florist.

Never standing still, Jill and Ruth have recently launched **daisy-days.co.uk**, the light hearted inspirational place to shop online, extending the "Daisy Days" experience beyond the Worth Valley.

daisy-days.co.uk reflects Jill and Ruth's commitment to showcase British talent.



From inspirational letterpress posters, handmade jewellery, fine knit accessories, pottery, glass, fairy lights, flowers, to all manner of well designed gifts for the home. Highly regarded brands like Emma Bridgewater, The Big Tomato Co., Avoca, and Cath Kidston can be found at **daisy-days.co.uk**. You will also discover quirky and fun individual designers reflecting a surge in local cottage industry.

It is the home grown touch that makes **daisy-days.co.uk** so special. The site reflects the good humour and genius of Jill and Ruth combined. We smile when we discover that we can purchase Jill's jugs online.



(In fact Jill has designed a whole range of beautiful brightly coloured pottery for sale.) Other items like Solmate socks and the "Touchy Feely" range are indicators of the inspiration that awaits you.

On **daisy-days.co.uk** the "Wish List" button is an opportunity for you to dream and gather your inspired choices to save for later or drop hints to others who might be planning on sharing their love for a birthday, anniversary, special occasion, or "just because."

Wedding lists are also part of the new service Ruth and Jill are keen to support. The combined resource of providing unique gifts and exquisite floral arrangements makes it a really special bespoke service. At the click of the mouse you can view a portfolio of possibilities with examples of Ruth's floral displays. With extensive experience as a florist in the special events sector Ruth can work within a given budget and create something remarkable whether a single bouquet or a fully coordinated floral styling plan. Clients get the best of both worlds at **daisy-days.co.uk** with online convenience and offline access to a friendly and helpful person at the other end of the phone.



Get online and see for yourself. We think this dynamic duo are getting it right!

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More than 46 participants took part in the 6th leg of an initiative to Take a Step for change in the Bradford district. The Fair Trade Way is a newly founded route that links the local Fairtrade towns of Bradford. Eventually the route will connect with similar walks that lead to The Fig Tree in Garstang, Lancashire, the first international Fair Trade centre and cafe.

1.5 to 2.5 billion people (depending on how you define poverty) have little or no access to the most basic of human needs. Much of this can be attributed to unfair trading systems. Campaigning for awareness and changes in trading practices is what Fair Trade initiatives are all about. **www.fairtradeway.org.uk**

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Kickstart helps business get off on the right foot

Christine Harker left the NHS in 2010 after 30 years' service, having risen to become a senior nurse manager.

Now she is back looking after patients once again – but this time focusing just on their feet.

She set up Heel2Toe Foot Health Care last year with support from Bradford Council's Kickstart enterprise programme and is steadily growing her list of clients.

Christine, from Haworth, said, "Given my background as a community nurse, I am comfortable with people and their own environment and don't have a problem dealing with aspects of personal care. Plus I know from experience how much good regular foot care enhances people's quality of life so my idea stemmed from there."

"When I went to the initial group sessions it was really helpful to talk with other people in the same position about the positives and negatives of starting a business," added Christine.

"The biggest message was that you had to be brave to start on your own but that the help would be there if you took the plunge.

"It was always an aspiration to work for myself but knowing how to get out there and do it was another matter."

Having spent 12 months gaining a diploma in foot health care and attending a centre of excellence in Maidenhead for the practical aspect



Christine Harker

of the course, Christine worked with Candy Squire-Watt, the Enterprise Coach for the Bradford Rural area to outline her business plan, marketing aims and networking strategy.

Christine is now a qualified Foot Health Practitioner, performing treatments such as toe-nail cutting, dealing with corns, callus and general foot care, in and around Keighley and surrounding areas, also operates a clinic at a pharmacy in Harden.

"Eighty per cent of my clients are older people who are in their own homes and have particular problems with general foot care e.g. thickened nails. The other twenty per cent are a mix of younger men and woman with foot care needs such as ingrown toe nails, callus and dry cracked heels."

For more information about Heel 2 Toe Foot Health Care, contact Christine Harker on 07504 714072 or visit www.Heel2ToeFootHealthCare.co.uk
For more information about Kickstart, contact Robert Campbell, Bradford Council's Enterprise Delivery Manager, on 01274 437517.



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